

Dementia Services

Hampshire and Portsmouth



Dementia Support Service

Our local staff are working by phone, in writing and online to support people affected by Dementia. Local Dementia Support Workers offer information and practical guidance to help people understand dementia, cope with day-to-day challenges and prepare for the future. Dementia Support Workers are there to explain about the condition as well as signposting people to the support services available. Face to face visits can also be arranged as appropriate.

Companion Calls

Companion Calls can help people with dementia and their carers feel more connected and less lonely during the coronavirus crisis. These are a social chat - they do not offer specific dementia support, advice or guidance. Our trained volunteers make regular phone calls to check in and have a friendly chat about anything the person they're calling chooses.

Singing for the Brain

A singing group for people affected by dementia, it is currently being delivered online via zoom, spaces are limited so please contact us for more information.

Activity, Peer Support Groups and Dementia Cafes

Our activity, peer support groups and Dementia Cafes are currently suspended.

Dementia Talking Point

Dementia Talking Point is a helpful online community where anyone who is affected by dementia can receive valuable support. It's free, open day or night, and can be accessed online:

<https://www.alzheimers.org.uk/get-support/dementia-talking-point-our-online-community>

Contact Details:

For more information on any of these services or to request a call from one of our local support team please contact us by phone, through the Alzheimer's Society Dementia Connect Support Line or directly by email.

Phone: 0333 150 3456

9am–8pm Monday–Wednesday | 9am–5pm Thursday and Friday | 10am–4pm Saturday and Sunday

Email: HIP@alzheimers.org.uk

Visit our website for full details of all Alzheimer's Society Services: www.alzheimers.org.uk