

**L**asting **P**ower of **A**ttorney  
**Let's** **lan** **head**

Sometimes we think putting personal plans in place is something we do when we are older, so we postpone the decision.

But what would happen if your life changed suddenly through an accident or serious illness and you could no longer make decisions about your health and welfare?

## What is a Lasting Power of Attorney (LPA)?

A Lasting Power of Attorney allows you to give someone you trust the legal power to make decisions on your behalf, in case you are unable to make decisions for yourself.



## When does an LPA get used?

An LPA health and welfare can only be used when you lose the mental capacity to make your own decisions so putting one in place now does not change your current independence.

## What does an LPA do?

A LPA health and welfare enables your nominated family member or friend to make decisions on your behalf including personal care and care provision, medical care and decisions regarding life-saving treatment or end of life care.

Such decisions are so very important to all of us and someone who knows you very well and your wishes is vital.

**ACT NOW!**

**Make your wishes known  
in case of the unexpected  
happening:**

visit GOV.UK and search

***'Make a lasting power of attorney'***

[www.gov.uk/government/  
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of-attorney](http://www.gov.uk/government/publications/make-a-lasting-power-of-attorney)

# #LetsPlanAhead

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