



Keeping safe as you become an adult

Easy Read version of 'A multi-agency framework for managing risk and safeguarding people moving into adulthood'



easy
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Introduction



Hampshire, Isle of Wight, Portsmouth and Southampton Local Safeguarding Adults Boards have written this to explain how we are keeping **vulnerable** young people safe as they move up to become an adult at the age of 18.



Vulnerable means you might need help and support to stay safe and well.



Local councils are responsible for keeping vulnerable young people safe but a lot of different organisations are also involved.

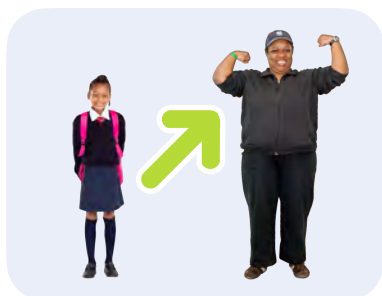


These include:

- schools.
- health services.
- the police.
- housing services.

This document explains how they all have to work together.

Transition



Transition means what happens when you move from being a child to becoming an adult.

The risks during transition



There can be **risks** for vulnerable young people during transition.

A **risk** is the chance that something could go wrong. You could be hurt or get into trouble.

New friends and places

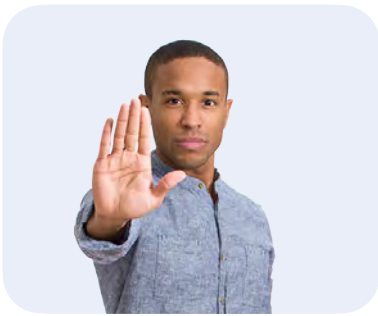


The risks don't usually come from your family, but from new friends, partners and other adults.



Often the way that other young people behave can put vulnerable young people at risk.

A vulnerable young person might choose to do something that puts them at risk of getting hurt or into trouble.



Often a vulnerable young person might carry on doing the thing that puts them at risk even though parents and professionals want them to stop.

Abuse



Abuse is when someone hurts you or treats you badly.



Vulnerable young people may be made to do things by adults.

These things could be against the law, be harmful, or involve doing sexual things you don't really want to do.



This sort of abuse can make young people scared and frightened of talking to parents and services.

Keeping young people safe during transition



The way that local councils and the other organisations keep vulnerable people safe is different for children and adults.



For children we focus on keeping the child safe so they are not put at risk.



For adults, we help them to get more confident in dealing with risks themselves.

Person centred



Everyone is different. Everyone moves through the transition from childhood to adulthood in a different way.



The best way to help people to be safe is to treat people as an individual and find the right way to help each individual person.

How we keep people safe



The law has 6 **principles** of keeping people safe.

A **principle** is the idea that explains how we work.



The 6 principles are:

- **Empowerment** - helping people to make their own decisions.
- **Prevention** - stopping bad things from happening.
- **Proportionate** - only do what you need to do to keep someone safe. Don't take over their life.
- **Protection** - support people to keep themselves safe.
- **Partnerships** - services should work together in their local communities.
- **Accountable** - services need to be responsible for what they do and what happens.

Working together to keep vulnerable young people safe

We will work with all the other organisations to:



- make sure everyone understands how each organisation helps and works together.



- treat each vulnerable young person as an individual person.



- make sure staff are looking out for young people who may be having problems.



- understand the law, including the law about people making decisions for themselves.



- understand how each vulnerable young person communicates.



- keep in touch with the young person and their family.



- look out for young people who are not getting involved with people in a proper way.



- be there for young people for a long time.



- understand the problems the young person has had in the past.



- share information with the right people at the right time.



- work together well, for each young person.



- think about other ways of working which may not have as many risks for vulnerable people.



- use **MARM** to help keep people safe.

MARM stands for Multi-Agency Risk Management Framework.

It is the way that all the different organisations work together to keep vulnerable adults safe.



- look at what training their staff need to understand how to keep people safe.



- keep proper records.

For more information



If you need more information please go to our websites:

- Hampshire Safeguarding Adults Board: www.hampshiresab.org.uk



- Isle of Wight Safeguarding Adults Board: www.iowsab.org.uk



- Portsmouth Safeguarding Adults Board: www.portsmouthsab.uk



- Southampton Local Safeguarding Adults Board: www.southamptonlsab.org.uk

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